

SEPTEMBER 2023

Common Area Abbreviations

CC - Clubhouse Comet
CP - Churchill's Pub
DC - Downtown Cinema

GC - Garden Courtyard
FFC-Fairmont Fitness Center
LP - Liberty Pavillion

NP - Newton's Patio
PGR - Plaza Game Room
YS - Yoga Studio

P - Aqua Fitness
FL - Fireplace Lounge

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 HAPPY LABOR DAY SEPTEMBER 4	 VAN SERVICE Mondays - Fridays: 9AM - 5PM Saturdays & Sundays: 9AM - 4PM	NATIONAL HISPANIC HERITAGE MONTH September 15 to October 15	Autumn Equinox September 22	<i>Please refer to your weekly Resident Packet for timely updates. We will schedule them accordingly. Thank you for your understanding!</i>	1 9:30 am Strength & Balance 10:30 am Aqua Fitness 10:30 am American MahJongg 1:00 pm Bridge Group 1:00 pm Great Courses 2:30 pm Strength & Balance 3:45 pm HH with B Street Jazz 7:00 pm Movie Night	2 8:00 am Donuts & Coffee 10:00 am Saturday Morning Meditation 11:00 am Film Studies with Billy 1:00 pm Zumba with Sabrina 2:00 pm Fall Paint Party 7:00 pm Movie Night
3 1:00 pm Shopping Excursion 4:00pm Great Courses 7:00 pm Movie Night	4 Labor Day 12:00 pm Bridge Group 1:00 pm American Mah Jongg 2:45 pm Strength & Balance 3:30 pm Scrabble Group 7:00 pm Movie Night	5 11:00 am Chair Volleyball 1:00 pm Great Courses 2:45 pm Strength & Balance 3:30 pm Pinochle Group 7:00 pm Movie Night 7:00 pm Evening Bingo	6 9:30 am Strength & Balance 10:30 am Aqua Fitness 11:00 am Open Air Discussion 1:00 pm TED Talks 2:00 pm Mexican Train GP 3:00 pm Stitch'n Chat 7:00 pm Movie Night 7:00 pm American Mahjong	7 10:00 am Beg. Bridge Group 11:00 pm Picnic on the Pier 1:00 pm Great Courses 1:00 pm Rummikub Group 1:45 pm Yoga/Stretch 2:45 pm Strength & Balance 3:45 pm Asian Mahjong 7:00 pm Movie Night	8 9:30 am Strength & Balance 10:30 am Aqua Fitness 10:30 am Friday Mahjong Grp 1:00 pm Bridge Group 1:00 pm Great Courses 2:30 pm Strength & Balance 3:45 pm HH with Jeff Wessman 7:00 pm Movie Night	9 8:00 am Donuts & Coffee 9:30 am Excursion to Legion of Honor in SF 10:00 am Morning Meditation 1:00 pm Zumba w/Sabrina 2:00 pm Trivia Party Outdoors 7:00 pm Movie Night
10 Happy Grandparents' Day! 2:00 pm Solo Opera at the Leshar Center 4:00 pm Great Course 7:00 pm Movie Night	11 9:30 am Strength & Balance 10:30 am Aqua Fitness 12:00 pm Bridge Group (Newtons) 1:00 pm American Mahjong 2:00 pm Poetry Reading 2:30 pm ARF Pet Hugs - Lobby 2:45 pm Strength & Balance 3:30 pm Scrabble Group 7:00 pm Movie Night	12 11:00 am Cornhole 1:00 pm Great Courses 2:45 pm Strength & Balance 3:45 pm Family Feud 7:00 pm Movie Night	13 9:30 am Strength & Balance 10:30 am Aqua Fitness 11:00 am Open Air Discussion 1:00 pm TED Talks 2:00 pm Mexican Train GP 3:00 pm Stitch'n Chat 7:00 pm Movie Night 7:00 pm American Mahjong	14 10:00 am Bridge Group 1:00 pm Great Courses 1:00 pm Rummikub Group 1:45 pm Yoga/Stretch 2:45 pm Stretch & Balance 3:45 pm Asian Mahjong 7:00 pm Movie Night	15 9:30 am Strength & Balance 10:30 am Aqua Fitness 10:30 am Friday Mahjong 1:00 pm Bridge Group 1:00 pm Great Courses 2:30 pm Strength & Balance 3:45 pm HH w/ Moonglow Duo 7:00 pm Movie Night	16 Rosh Hashanna 8:00 am Donuts & Coffee 10:00 am Saturday Morning Meditation 1:00 pm Zumba with Sabrina 2:00 pm Bingo Fun 7:00 pm Movie Night
17 1:00 pm Shopping Excursion 4:00 pm Great Course 7:00 pm Movie Night	18 9:30 am Strength & Balance 10:30 am Aqua Fitness 12:00 pm Bridge Group 1:00 pm American Mahjong 2:45 pm Strength & Balance 3:30 pm Scrabble Group 7:00 pm Movie Night	19 11:00 am Ladderball 1:00 pm Great Courses 2:45 pm Strength & Balance 3:30 pm Pinochle Group 7:00 pm Movie Night 7:00 pm Evening Bingo	20 9:30 am Strength & Balance 10:30 am Aqua Fitness 11:00 am Open Air Discussion 1:00 pm TED Talks 2:00 pm Mexican Train GP 3:00 pm Stitch'n Chat 7:00 pm Movie Night 7:00 pm American Mahjong	21 10:00 am Bridge Group 10:30 pm Book Club Group 1:00 pm Rummikub Group 1:45 pm Yoga/Stretch 2:45 pm Strength & Balance 3:45 pm Asian Majong 7:00 pm Movie Night	22 9:30 am Strength & Balance 10:30 am Aqua Fitness 10:30 am Friday Mahjong 1:00 pm Bridge Group 1:00 pm Great Courses 2:30 pm Strength & Balance 3:45 pm HH with Randy 7:00 pm Movie Night	23 8:00 am Donuts & Coffee 10:00 am Morning Meditation 11:00 am Resident Spotlight 1:00 pm Zumba w/Sabrina 2:30 pm Crowns at the Leshar Center 7:00 pm Movie Night
24 3:00 pm Ice Ceam on Patio at Newton's 4:00 pm Great Course 7:00 pm Movie Night	25 9:30 am Strength & Balance 10:30 am Aqua Fitness 12:00 pm Bridge Group (Newtons) 1:00 pm American Mahjong 2:45 pm Strength & Balance 3:30 pm Scrabble Group 7:00 pm Movie Night	26 11:00 am Cornhole 1:00 pm Great Courses 2:45 pm Strength & Balance 3:45 pm Left/Ctr/Right 7:00 pm Movie Night	27 9:30 am Strength & Balance 10:30 am Aqua Fitness 11:00 am Open Air Discussion 1:00 pm TED Talks 2:00 pm Mexican Train GP 3:00 pm Stitch'n Chat 7:00 pm Movie Night 7:00 pm American Mahjong	28 10:00 am Bridge Group 1:00 pm Great Courses 1:00 pm Rummikub Group 1:45 pm Yoga/Stretch 2:45 pm Strength & Balance 3:45 pm Asian Mahjong 7:00 pm Movie Night	29 9:30 am Strength & Balance 10:30 am Aqua Fitness 10:30 am Friday Mahjong 1:00 pm Bridge Group 1:00 pm Great Courses 2:30 pm Strength & Balance 3:45 pm BD HH with Ciro 7:00 pm Movie Night	30 8:00 am Donuts & Coffee 10:00 am Morning Meditation 11:00 am Mid Autumn Asian Cutural Festival 1:00 pm Zumba w/Sabrina 7:00 pm Movie Night