

JULY 2024

Common Area  
Abbreviations

CC - Clubhouse Comet  
CP - Churchill's Pub  
DC - Downtown Cinema

GC - Garden Courtyard  
FFC-Fairmont Fitness Center  
LP - Liberty Pavillion

N - Newton's  
PGR - Plaza Game Room  
YS - Yoga Studio

P - Pool  
FAL - Fireside Activities Lounge  
PT - Plaza Terrace

| SUNDAY                                                                                                                                                                                                                    | MONDAY                                                                                                                                                                                                                                                                                                      | TUESDAY                                                                                                                                                                                                                                                                              | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                            | THURSDAY                                                                                                                                                                                                                                                                                                                                | FRIDAY                                                                                                                                                                                                                                                                                                                                                                        | SATURDAY                                                                                                                                                                                                                                |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div><p><b>VAN SERVICE</b></p><p><b>Mondays - Fridays:</b><br/>9AM - 5PM</p><p><b>Saturdays &amp; Sundays:</b><br/>9AM - 4PM</p></div>   | <div><b>1</b><p>9:30 am Strength &amp; Balance<br/>10:30 am Aqua Fitness<br/>11:00 am Dog Play Date: Alma Pk<br/>12:30 pm Int. Bridge Club<br/>1:00 pm American Mahjong<br/>2:45 pm Strength &amp; Balance<br/>3:30 pm Scrabble Group<br/>4:00 pm Heritage Meet-up<br/>7:00 pm Nostalgic TV Night</p></div> | <div><b>2</b><p>11:00 am Chair Volleyball<br/>1:00 pm Great Courses<br/>1:00 pm Tuesday Bridge Group<br/>1:00 pm Low Impact Fitness<br/>2:45 pm Strength &amp; Balance<br/>4:00 pm Fairmont Meet-up<br/>7:00 pm Movie Night</p></div>                                                | <div><b>3</b><p>9:30 am Strength &amp; Balance<br/>10:30 am Aqua Fitness<br/>11:00 am Open Air Discussion<br/>12:00 pm Wednesday Bridge Grp<br/>1:00 pm Blood Pressure Check<br/>1:00 pm Portrait Artist Cinema<br/>1:45 pm Zumba<br/>2:00 pm Blood Press. Check P102<br/>3:00 pm Stitch'n Chat<br/>4:00 pm Liberty Meet-up<br/>7:00 pm Movie Night<br/>7:00 pm American Mahong Gr.</p></div>                                        | <div><b>4</b><p>Independence Day</p><p>11:00 am Fourth of July BBQ<br/>1:00 pm Great Courses<br/>4:00 pm American Geography Challenge<br/>7:00 pm Movie Night</p></div>                                                                                                                                                                 | <div><b>5</b><p>9:30 am Strength &amp; Balance<br/>10:30 am Friday Mahjong Group<br/>10:30 am Aqua Fitness<br/>11:00 am Dog Play Date: Alma Pk<br/>1:00 pm Exp. Bridge Club<br/>1:00 pm Great Courses<br/>2:30 pm Strength &amp; Balance<br/>3:45 pm CH: Randy Johnson<br/>7:00 pm Film Studies w/Billy</p></div>                                                             | <div><b>6</b><p>8:00 am Donuts &amp; Coffee<br/>10:00 am Sat. Morning Meditation<br/>10:30 am Excursion: Claremont Hotel Lunch<br/>11:00 am Film Studies w/Billy<br/>1:00 pm Zumba<br/>7:00 pm Movie Night</p></div>                    |
| <div><b>7</b><p>Islamic New Year Begins</p><p>1:00 pm Cruise the Creek - Bocce at Livorna Park<br/>4:00 pm 5 Senses Art: Taste<br/>4:00 pm Great Courses<br/>7:00 pm Movie Night<br/>7:00 pm Monte Hummel Sings</p></div> | <div><b>8</b><p>9:30 am Strength &amp; Balance<br/>10:30 am Aqua Fitness<br/>11:00 am Dog Play Date: Alma Pk<br/>12:30 pm Int. Bridge Club<br/>1:00 pm American Mahjong<br/>2:30 pm ARF Pet Hugs<br/>2:45 pm Strength &amp; Balance<br/>3:30 pm Scrabble Group<br/>7:00 pm Movie Night</p></div>            | <div><b>9</b><p>11:00 am Ladderball<br/>1:00 pm Tuesday Bridge Club<br/>1:00 pm Great Courses<br/>1:00 pm Low Impact Fitness<br/>2:00 pm Art with Gold Leaf<br/>2:45 pm Strength &amp; Balance<br/>3:30 pm Opera Divisi: Otello Pt 1<br/>7:00 pm Opera Divisi: Otello Pt 2</p></div> | <div><b>10</b><p>9:30 am Strength &amp; Balance<br/>10:30 am Aqua Fitness<br/>11:00 am Lunch DT: SweetGreens<br/>11:00 am Open Air Discussion<br/>12:00 pm Wednesday Bridge Grp<br/>1:00 pm Blood Pressure Check<br/>1:00 pm Portrait Artist Cinema<br/>1:45 pm Zumba<br/>2:00 pm Mexican Train Grp.<br/>2:00 pm Blood Press. Check P102<br/>3:00 pm Stitch'n Chat<br/>7:00 pm Movie Night<br/>7:00 pm American Mahong Gr.</p></div> | <div><b>11</b><p>10:00 am Beg. Bridge Club<br/>11:00 am Shoot Hoops &amp; Chat<br/>1:00 pm Asian Mahjong<br/>1:00 pm Great Courses<br/>1:00 pm Low Impact Fitness<br/>1:45 pm Gentle Yoga Stretch<br/>2:00 pm Everyday Ethics: Disc.<br/>2:45 pm Strength &amp; Balance<br/>4:00 pm Clever Word Games<br/>7:00 pm Movie Night</p></div> | <div><b>12</b><p>9:30 am Strength &amp; Balance<br/>10:30 am Friday Mahjong Group<br/>10:30 am Aqua Fitness<br/>11:00 am Dog Play Date: Alma Pk<br/>1:00 pm Shopping: Crossroads<br/>1:00 pm Exp. Bridge Club<br/>1:00 pm Great Courses<br/>2:30 pm Strength &amp; Balance<br/>3:45 pm CH: Jeff Wessman<br/>7:00 pm Movie Night</p></div>                                     | <div><b>13</b><p>8:00 am Donuts &amp; Coffee<br/>10:00 am Sat. Morning Meditation<br/>11:00 am Shakespeare Aloud<br/>1:00 pm Zumba<br/>2:00 pm Cardmaking Party!<br/>4:30 pm Mtn Shadows Film Society<br/>7:00 pm Movie Night</p></div> |
| <div><b>14</b><p>Bastille Day</p><p>2:00 pm Speaker: Brian Ostrom, Sea Stories<br/>4:00 pm Bingo &amp; Cookies Party<br/>4:00 pm Great Courses<br/>7:00 pm Movie Night</p></div>                                          | <div><b>15</b><p>9:30 am Strength &amp; Balance<br/>10:30 am Aqua Fitness<br/>11:00 am Dog Play Date: Alma Pk<br/>12:30 pm Int. Bridge Club<br/>1:00 pm American Mahjong<br/>2:00 pm Shoe painting!<br/>2:45 pm Strength &amp; Balance<br/>3:30 pm Scrabble Group<br/>7:00 pm Movie Night</p></div>         | <div><b>16</b><p>10:30 am Berkeley Hort'l Nursery<br/>11:00 am Chair Volleyball<br/>1:00 pm Tuesday Bridge Club<br/>1:00 pm Great Courses<br/>1:00 pm Low Impact Fitness<br/>2:00 pm Hanging Basket Making<br/>2:45 pm Strength &amp; Balance<br/>7:00 pm Movie Night</p></div>      | <div><b>17</b><p>9:30 am Strength &amp; Balance<br/>10:30 am Aqua Fitness<br/>11:00 am Open Air Discussion<br/>12:00 pm Wednesday Bridge Grp<br/>1:00 pm Portrait Artist Challenge<br/>1:00 pm Blood Pressure Check<br/>1:45 pm Zumba<br/>2:00 pm Blood Press.Check P102<br/>3:00 pm Stitch'n Chat<br/>7:00 pm American Mahong Gr.<br/>7:30 pm Lesher: Ballet Hispanico</p></div>                                                    | <div><b>18</b><p>10:00 am Beg. Bridge Club<br/>10:30 am Book Club<br/>11:00 am Shoot Hoops &amp; Chat<br/>1:00 pm Asian Mahjong<br/>1:00 pm Great Courses<br/>1:00 pm Low Impact Fitness<br/>1:45 pm Gentle Yoga Stretch<br/>2:45 pm Strenght &amp; Balance<br/>3:00 pm Paint &amp; Sip Party<br/>7:00 pm Movie Night</p></div>         | <div><b>19</b><p>9:30 am Strength &amp; Balance<br/>10:30 am Friday Mahjong Group<br/>10:30 am Aqua Fitness<br/>11:00 am Dog Play Date: Alma Pk<br/>1:00 pm Shopping: Veranda<br/>1:00 pm Exp. Bridge Club<br/>1:00 pm Great Courses<br/>2:30 pm Strength &amp; Balance<br/>3:45 pm CH: Moonglow Duo<br/>7:00 pm Movie Night</p></div>                                        | <div><b>20</b><p>8:00 am Donuts &amp; Coffee<br/>10:00 am Sat. Morning Meditation<br/>10:30 am Sterling Vineyards - Encore Excursion!<br/>1:00 pm Zumba<br/>7:00 pm Candlelight Concert</p></div>                                       |
| <div><b>21</b><p>National Ice Cream Day</p><p>11:00 am Resident Art Show<br/>4:00 pm Great Courses<br/>4:00 pm Portrait of Your Pet 2<br/>7:00 pm Movie Night</p></div>                                                   | <div><b>22</b><p>9:30 am Strength &amp; Balance<br/>10:30 am Aqua Fitness<br/>11:00 am Portrait of Your Pet 1<br/>12:30 pm Int. Bridge Club<br/>1:00 pm American Mahjong<br/>2:45 pm Strength &amp; Balance<br/>3:30 pm Scrabble Group<br/>4:00 pm Portrait of Your Pet 2<br/>7:00 pm Movie Night</p></div> | <div><b>23</b><p>11:00 am Corn Hole<br/>1:00 pm Tuesday Bridge Club<br/>1:00 pm Great Courses<br/>1:00 pm Low Impact Fitness<br/>2:00 pm Patterned Vases<br/>2:45 pm Strength &amp; Balance<br/>7:00 pm Movie Night</p></div>                                                        | <div><b>24</b><p>9:30 am Strength &amp; Balance<br/>10:30 am Aqua Fitness<br/>11:00 am Lunch DT: Andama Thai<br/>11:00 am Open Air Discussion<br/>12:00 pm Wednesday Bridge Grp<br/>1:00 pm Blood Pressure Check<br/>1:00 pm Portrait Artist Cinema<br/>1:45 pm Zumba<br/>2:00 pm Blood Press.Check P102<br/>3:00 pm Stitch'n Chat<br/>7:00 pm Movie Night<br/>7:00 pm American Mahong Gr.</p></div>                                 | <div><b>25</b><p>10:00 am Beg. Bridge Club<br/>11:00 am Shoot Hoops &amp; Chat<br/>1:00 pm Asian Mahjong<br/>1:00 pm Great Courses<br/>1:00 pm Low Impact Fitness<br/>1:45 pm Gentle Yoga Stretch<br/>2:45 pm Strength &amp; Balance<br/>7:00 pm Movie Night</p></div>                                                                  | <div><b>26</b><p>Summer Olympics Begin<br/>9:30 am Strength &amp; Balance<br/>10:30 am Friday Mahjong Group<br/>10:30 am Aqua Fitness<br/>11:00 am Dog Play Date: Alma Pk<br/>1:00 pm Shopping: Costco<br/>1:00 pm Speaker: Oral Systems<br/>1:00 pm Exp. Bridge Club<br/>2:30 pm Strength &amp; Balance<br/>3:45 pm CH: Ciro and Birthdays<br/>7:00 pm Movie Night</p></div> | <div><b>27</b><p>8:00 am Donuts &amp; Coffee<br/>10:00 am Sat. Morning Meditation<br/>11:00 am Heritage Olympics Mtg<br/>1:00 pm Zumba<br/>4:00 pm Beers of New England<br/>7:00 pm Movie Night</p></div>                               |
| <div><b>28</b><p>1:00 pm Sunday Drive: Hwy 1<br/>4:00 pm Bingo &amp; Cookies Party<br/>4:00 pm Great Courses<br/>7:00 pm Movie Night</p></div>                                                                            | <div><b>29</b><p>9:30 am Strength &amp; Fitness<br/>10:30 am Aqua Fitness<br/>10:45 am Heritage Olympics!<br/>12:30 pm Int. Bridge Club<br/>1:00 pm American Mahjong<br/>2:45 pm Strength &amp; Balance<br/>3:30 pm Scrabble Group<br/>7:00 pm Movie Night</p></div>                                        | <div><b>30</b><p>10:45 am Heritage Olympics!<br/>1:00 pm Tuesday Bridge Club<br/>1:00 pm Great Courses<br/>1:00 pm Low Impact Fitness<br/>2:45 pm Strength &amp; Balance<br/>7:00 pm Movie Night</p></div>                                                                           | <div><b>31</b><p>9:30 am Strength &amp; Balance<br/>10:45 am Aqua Fitness<br/>10:45 am Heritage Olympics<br/>11:00 am Open Air Discussion<br/>12:00 pm Wednesday Bridge Grp<br/>1:00 pm Portrait Artist Challenge<br/>1:00 pm Blood Press. Check<br/>1:45 pm Zumba<br/>2:00 pm Blood Press. Check P102<br/>3:00 pm Stitch'n Chat<br/>7:00 pm American Mahjong</p></div>                                                              | <div><p>PARIS OLYMPICS 2024</p><p>OPENING CEREMONY JULY 26</p></div>                                                                                                                                                                               | <div><p><b>Berkeley Horticultural Nursery</b><br/>JULY 16</p></div>                                                                                                                                                                                                                      | <div><p><i>Sterling Vineyards</i><br/>JULY 20</p></div>                                                                                            |