

# NOVEMBER 2024

CLUBHOUSE COMET	GARDEN COURTYARD	NEWTON'S	POOL
CHURHILL'S PUB	FAIRMONT FITNESS	PLAZA GAME ROOM	FIRESIDE ACTIVITIES LOUNGE
CINEMA	LIBERTY PAVILLION	YOGA STUDIO	

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



**VAN SERVICE**  
**MONDAYS - FRIDAYS:**  
 9AM - 5PM  
**SATURDAY & SUNDAYS:**  
 9AM - 4PM

**DAYLIGHT SAVINGS ENDS**



**NOVEMBER 3**

**HAPPY THANKSGIVING**



**NOVEMBER 28**

**30**

9:30 AM STRENGTH & BALANCE
10:00 AM PREVIEW OF NUTCRACKER
10:00 AM ACTIVITES CHAT
10:30 AM AQUA FITNESS
11:00 AM OPEN AIRING DISCUSSION
1:00 PM WEDNESDAY BRIDGE GROUP
1:45 PM ZUMBA
2:00 PM P102 BLOOD PRESSURE CHECK
2:00 PM MEXICAN TRAIN GROUP
7:00 PM AMERICAN MAHJONG
8:00 PM GOLDEN BACHELORETTE

**31**



10:00 AM BEGINNER BRIDGE CLUB
1:00 PM ASIAN MAHJONG
1:00 PM GREAT COURSES
1:00 PM RUMMIKUB GROUP
1:00 PM LOW IMPACT FITNESS
1:45 PM GENTLE YOGA STRETCH
2:45 PM STRENGTH & BALANCE
3:00 PM HALLOWEEN PARTY
7:00 PM EVENING NIGHTCAP

**1**

9:30 AM STRENGTH & BALANCE
10:00 AM ACTIVITES CHAT
10:30 AM FRIDAY MAHJONG GROUP
10:30 AM AQUA FITNESS
1:00 PM EXPERIENCED BRIDGE CLUB
2:30 PM STRENGTH & BALANCE
3:45 PM COCKTAIL HOUR
7:00 PM FILM STUDIES MOVIE

**2**

8:00 AM DONUTS & COFFEE
10:00 AM MORNING MEDITATION
10:00 AM ACTIVITES CHAT
11:00 AM FILM TALKS WITH BILLY
1:00 PM ZUMBA
2:00 PM NEW RESIDENT GATHERING
7:00 PM MOVIE

**3**

10:00 AM ACTIVITIES CHAT
1:00 PM SHOPPING: CROSSROADS
7:00 PM MOVIE

**DAYLIGHT SAVINGS ENDS**

**4**

9:30 AM STRENGTH & BALANCE
10:00 AM ACTIVITIES CHAT
10:30 AM AQUA FITNESS
12:30 PM INTERMEDIATE BRIDGE CLUB
1:00 PM AMERICAN MAHJONG
2:00 PM PLANTING AMARYLLIS
2:45 PM STRENGTH & BALANCE
3:30 PM SCRABBLE GROUP
7:00 PM MOVIE

**5**

11:00 AM CHAIR VOLLEYBALL
1:00 PM TUESDAY BRIDGE GAME
1:00 PM GREAT COURSES
1:00 PM LOW IMPACT FITNESS
2:45 PM STRENGTH & BALANCE
7:00 PM MOVIE

**THANKFUL**

**6**

9:30 AM STRENGTH & BALANCE
10:00 AM ACTIVITES CHAT
10:30 AM AQUA FITNESS
11:00 AM OPEN AIRING DISCUSSION
1:00 PM WEDNESDAY BRIDGE GROUP
1:45 PM ZUMBA
2:00 PM P102 BLOOD PRESSURE CHECK
2:00 PM MEXICAN TRAIN GROUP
3:00 PM HICAP: MEDICARE CHANGES
7:00 PM AMERICAN MAHJONG
8:00 PM GOLDEN BACHELORETTE

**7**

10:00 AM BEGINNER BRIDGE CLUB
1:00 PM ASIAN MAHJONG
1:00 PM GREAT COURSES
1:00 PM RUMMIKUB GROUP
1:00 PM LOW IMPACT FITNESS
1:45 PM GENTLE YOGA STRETCH
2:45 PM STRENGTH & BALANCE
3:00 PM STITCH AND CHAT
7:00 PM EVENING NIGHTCAP

**8**

9:30 AM STRENGTH & BALANCE
10:00 AM ACTIVITES CHAT
10:30 AM FRIDAY MAHJONG GROUP
10:30 AM AQUA FITNESS
1:00 PM EXPERIENCED BRIDGE CLUB
2:30 PM STRENGTH & BALANCE
3:45 PM COCKTAIL HOUR
7:00 PM MOVIE

**9**

8:00 AM DONUTS & COFFEE
10:00 AM ACTIVITES CHAT
10:00 AM MORNING MEDITATION
1:00 PM ZUMBA
2:00 PM FOOTBALL, JERSEY & BEER
7:00 PM MOVIE

**10**

10:00 AM 49ERS VS BILLS
10:00 AM BEACH CHALET SUNDAY
7:00 PM MOVIE

**11**

9:30 AM STRENGTH & BALANCE
10:30 AM VETERANS DAY CEREMONY
10:30 AM AQUA FITNESS
12:30 PM INTERMEDIATE BRIDGE CLUB
1:00 PM AMERICAN MAHJONG
2:30 PM ARF PET HUGS
2:45 PM STRENGTH & BALANCE
3:30 PM SCRABBLE GROUP
7:00 PM MOVIE

**12**

10:00 AM ACTIVITES CHAT
11:00 AM CORN HOLE
1:00 PM TUESDAY BRIDGE GAME
1:00 PM GREAT COURSES
1:00 PM LOW IMPACT FITNESS
2:45 PM STRENGTH & BALANCE
4:00 PM CLEVER WORD GAME
7:00 PM MOVIE

**13**

9:30 AM STRENGTH & BALANCE
10:00 AM HOLIDAY SHOPPING: PLEASANTON
10:30 AM AQUA FITNESS
11:00 AM OPEN AIRING DISCUSSION
1:00 PM WEDNESDAY BRIDGE GROUP
1:45 PM ZUMBA
2:00 PM P102 BLOOD PRESSURE CHECK
2:00 PM MEXICAN TRAIN GROUP
7:00 PM AMERICAN MAHJONG
8:00 PM GOLDEN BACHELORETTE

**14**

10:00 AM BEGINNER BRIDGE CLUB
10:00 AM ACTIVITIES CHAT
1:00 PM ASIAN MAHJONG
1:00 PM GREAT COURSES
1:00 PM RUMMIKUB GROUP
1:00 PM LOW IMPACT FITNESS
1:45 PM GENTLE YOGA STRETCH
2:45 PM STRENGTH & BALANCE
3:00 PM STITCH AND CHAT
6:30 PM BINGO

**15**

9:30 AM STRENGTH & BALANCE
10:00 AM ACTIVITES CHAT
10:30 AM FRIDAY MAHJONG GROUP
10:30 AM AQUA FITNESS
1:00 PM EXPERIENCED BRIDGE CLUB
2:30 PM STRENGTH & BALANCE
3:45 PM COCKTAIL HOUR
7:00 PM THE NUTCRACKER AT THE LESHER CENTER

**16**

8:00 AM DONUTS & COFFEE
10:00 AM MORNING MEDITATION
1:00 PM ZUMBA
2:00 PM HOLIDAY CARD MAKING
MNTN SHADOWS FILM SOCIETY
4:30 PM CIVIC PARK WALNUT CREEK
7:00 PM MOVIE

**17**

10:00 AM HOLIDAY SHOPPING: COSTCO
12:15 PM SF FOOTBALL GAME TAILGATE
1:05 PM 49ERS VS SEAHAWKS
7:00 PM MOVIE

**18**

9:30 AM STRENGTH & BALANCE
10:00 AM ACTIVITIES CHAT
10:30 AM AQUA FITNESS
12:30 PM INTERMEDIATE BRIDGE CLUB
1:00 PM AMERICAN MAHJONG
2:45 PM STRENGTH & BALANCE
3:30 PM SCRABBLE GROUP
7:00 PM MOVIE

**19**

11:00 AM CHAIR VOLLEYBALL
1:00 PM TUESDAY BRIDGE GAME
1:00 PM GREAT COURSES
1:00 PM LOW IMPACT FITNESS
2:45 PM STRENGTH & BALANCE
7:00 PM MOVIE

**20**

9:30 AM STRENGTH & BALANCE
10:00 AM ACTIVITES CHAT
10:30 AM AQUA FITNESS
11:00 AM OPEN AIRING DISCUSSION
1:00 PM WEDNESDAY BRIDGE GROUP
1:45 PM ZUMBA
2:00 PM P102 BLOOD PRESSURE CHECK
2:00 PM MEXICAN TRAIN GROUP
3:00 AM NTNL PEANUT BUTTER SOCIAL
7:00 PM AMERICAN MAHJONG
7:00 PM MOVIE

**21**

10:00 AM BEGINNER BRIDGE CLUB
10:00 AM ACTIVITES CHAT
10:30 AM BOOK CLUB
11:00 AM DURANT POINSETTIAS
1:00 PM ASIAN MAHJONG
1:00 PM GREAT COURSES
1:00 PM RUMMIKUB GROUP
1:00 PM LOW IMPACT FITNESS
1:45 PM GENTLE YOGA STRETCH
2:45 PM STRENGTH & BALANCE
3:00 PM STITCH AND CHAT
7:00 PM EVENING NIGHTCAP

**22**

9:30 AM STRENGTH & BALANCE
10:00 AM ACTIVITES CHAT
10:30 AM FRIDAY MAHJONG GROUP
10:30 AM AQUA FITNESS
1:00 PM EXPERIENCED BRIDGE CLUB
2:30 PM STRENGTH & BALANCE
3:45 PM COCKTAIL HOUR
7:00 PM MOVIE

**23**

8:00 AM DONUTS & COFFEE
10:00 AM MORNING MEDITATION
11:00 AM LUNCH OUTING IN DANVILLE
1:00 PM ZUMBA
2:00 PM DIY CRAFT
7:00 PM MOVIE

**24**

1:00 PM JIM TECH TALKS
1:25 PM 49ERS VS PACKERS
7:00 PM MOVIE

**25**

9:30 AM STRENGTH & BALANCE
10:00 AM ACTIVITIES CHAT
10:30 AM AQUA FITNESS
12:30 PM INTERMEDIATE BRIDGE CLUB
1:00 PM AMERICAN MAHJONG
2:45 PM STRENGTH & BALANCE
3:30 PM SCRABBLE GROUP
7:00 PM MOVIE

**26**

10:00 AM ACTIVITIES CHAT
11:00 AM LADDERBALL
1:00 PM TUESDAY BRIDGE GAME
1:00 PM GREAT COURSES
1:00 PM LOW IMPACT FITNESS
2:45 PM STRENGTH & BALANCE
7:00 PM MOVIE

**27**

9:30 AM STRENGTH & BALANCE
10:00 AM ACTIVITIES CHAT
10:30 AM AQUA FITNESS
11:00 AM OPEN AIRING DISCUSSION
1:00 PM WEDNESDAY BRIDGE GROUP
1:45 PM ZUMBA
2:00 PM P102 BLOOD PRESSURE CHECK
2:00 PM MEXICAN TRAIN GROUP
7:00 PM MOVIE
7:00 PM AMERICAN MAHJONG GROUP

**28**



10:00 AM BEGINNER BRIDGE CLUB
1:00 PM ASIAN MAHJONG
1:00 PM GREAT COURSES
1:00 PM RUMMIKUB GROUP
1:00 PM LOW IMPACT FITNESS
1:45 PM GENTLE YOGA STRETCH
2:45 PM STRENGTH & BALANCE
3:00 PM STITCH AND CHAT
7:00 PM EVENING NIGHTCAP

**29**

9:30 AM STRENGTH & BALANCE
10:30 AM FRIDAY MAHJONG GROUP
10:30 AM AQUA FITNESS
1:00 PM EXPERIENCED BRIDGE CLUB
2:30 PM STRENGTH & BALANCE
3:45 PM COCKTAIL HOUR
7:00 PM MOVIE

**30**

8:00 AM DONUTS & COFFEE
10:00 AM MORNING MEDITATION
1:00 PM ZUMBA
7:00 PM CHRISTMAS TREE LIGHTING CEREMONY IN THE LOBBY