

AUGUST 2025

LEGEND

CLUBHOUSE COMET

CHURHILL'S PUB

CINEMA

GARDEN COURTYARD

FAIRMONT FITNESS

LIBERTY PAVILLION

NEWTON'S

PLAZA GAME ROOM

YOGA STUDIO

POOL

FIRESIDE LOUNGE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

31 9:00 AM WALK TO DOWNTOWN 3:00 PM SUNDAY ICE CREAM GATHERING 4:00 PM GREAT COURSES 7:00 PM MOVIE August	VAN SERVICE MONDAYS - FRIDAYS: 9AM - 5PM SATURDAY & SUNDAYS: 9AM - 4PM	29 11:00 AM FIRESIDE CHAT W/CAMILLE 11:00 AM CHAIR VOLLEYBALL 1:00 PM TUESDAY BRIDGE GAME 1:00 PM LOW IMPACT FITNESS 2:45 PM STRENGTH & BALANCE 7:30 PM MOVIE	30 9:30 AM STRENGTH & BALANCE 10:30 AM OAKLAND MUSEUM OF CALIFORNIA 10:30 AM AQUA FITNESS 1:00 PM WEDNESDAY BRIDGE GROUP 1:45 PM ZUMBA 2:00 PM P102 BLOOD PRESSURE CHECK 2:00 PM MEXICAN TRAIN GROUP 3:30 PM STITCH AND CHAT 7:00 PM EVENING BRIDGE GROUP 7:30 PM MOVIE	31 9:30 AM TAI CHI CLASS 11:00 AM CHAIR VOLLEYBALL 1:00 PM ASIAN MAHJONG 1:00 PM GREAT COURSES 1:00 PM RUMMIKUB GROUP 1:00 PM LOW IMPACT FITNESS 1:45 PM GENTLE YOGA STRETCH 2:45 PM STRENGTH & BALANCE 7:00 PM EVENING NIGHTCAP	1 HELLO AUGUST! 9:30 AM STRENGTH & BALANCE 10:30 AM INTERMEDIATE MAHJONG 10:30 AM AQUA FITNESS 1:00 PM EXPERIENCED BRIDGE CLUB 2:30 PM STRENGTH & BALANCE 3:00 PM COCKTAIL HOUR: B STREET JAZZ 7:30 PM MOVIE FOR FILM STUDIES	2 8:00 AM DONUTS & COFFEE 10:00 AM MORNING MEDITATION 11:00 AM FILM TALKS WITH BILLY 1:00 PM ZUMBA 2:00 PM WORKING WITH WATER COLORS 2:00 PM AMERICAN MAHJONG 7:30 PM MOVIE
3 1:00 PM MATINEE 2:00 PM CREATIVE WRITING ROUND 4:00 PM GREAT COURSES 7:00 PM MOVIE 	4 9:30 AM STRENGTH & BALANCE 10:30 AM AQUA FITNESS 11:00 AM FIRESIDE CHAT W/TED 12:30 PM INTERMEDIATE BRIDGE CLUB 1:00 PM AMERICAN MAHJONG 1:00 PM GREAT COURSES 2:00 PM AUTHOR STEVE ZOLNO "GRACEFUL AGING" 2:45 PM STRENGTH & BALANCE 3:30 PM SCRABBLE GROUP 7:30 PM MOVIE	5 9:30 AM TAI CHI CLASS 10:00 AM FRANK LLOYD WRIGHT COMMUNITY CENTER EXCURSION 11:00 AM LADDERBALL 1:00 PM TUESDAY BRIDGE GAME 1:00 PM LOW IMPACT FITNESS 2:45 PM STRENGTH & BALANCE 7:30 PM MOVIE	6 9:30 AM STRENGTH & BALANCE 10:30 AM AQUA FITNESS 1:00 PM WEDNESDAY BRIDGE GROUP 1:45 PM ZUMBA 2:00 PM P102 BLOOD PRESSURE CHECK 2:00 PM MEXICAN TRAIN GROUP 3:30 PM STITCH AND CHAT 7:00 PM EVENING BRIDGE GROUP 7:30 PM MOVIE	7 9:30 AM TAI CHI CLASS 11:00 AM CHAIR VOLLEYBALL 1:00 PM ASIAN MAHJONG 1:00 PM GREAT COURSES 1:00 PM RUMMIKUB GROUP 1:00 PM LOW IMPACT FITNESS 1:45 PM GENTLE YOGA STRETCH 2:45 PM STRENGTH & BALANCE 7:00 PM EVENING NIGHTCAP	8 9:30 AM STRENGTH & BALANCE 10:30 AM INTERMEDIATE MAHJONG 10:30 AM AQUA FITNESS 1:00 PM EXPERIENCED BRIDGE CLUB 2:30 PM STRENGTH & BALANCE 3:00 PM COCKTAIL HOUR: FRITZ 7:30 PM MOVIE	9 8:00 AM DONUTS & COFFEE 10:00 AM MORNING MEDITATION 1:00 PM ZUMBA 2:00 PM PAINTING BIRDHOUSES 2:30 PM AMERICAN MAHJONG 7:30 PM MOVIE
10 4:00 PM JOHN PIZZARELLI JAZZ , WALNUT CREEK SERIES AT LESHER CENTER 4:00 PM GREAT COURSES 7:00 PM MOVIE 	11 9:30 AM STRENGTH & BALANCE 10:30 AM AQUA FITNESS 12:30 PM INTERMEDIATE BRIDGE CLUB 1:00 PM AMERICAN MAHJONG 1:00 PM GREAT COURSES 2:45 PM STRENGTH & BALANCE 3:30 PM SCRABBLE GROUP 7:30 PM MOVIE	12 9:30 AM TAI CHI CLASS 11:00 AM FIRESIDE CHAT W/CAMILLE 11:00 AM CHAIR VOLLEYBALL 1:00 PM TUESDAY BRIDGE GAME 1:00 PM LOW IMPACT FITNESS 2:45 PM STRENGTH & BALANCE 7:30 PM MOVIE	13 9:30 AM STRENGTH & BALANCE 10:30 AM AQUA FITNESS 1:00 PM WEDNESDAY BRIDGE GROUP 1:45 PM ZUMBA 2:00 PM P102 BLOOD PRESSURE CHECK 2:00 PM MEXICAN TRAIN GROUP 3:30 PM STITCH AND CHAT 7:00 PM EVENING BRIDGE GROUP 7:30 PM MOVIE	14 9:30 AM TAI CHI CLASS 11:00 AM CHAIR VOLLEYBALL 1:00 PM ASIAN MAHJONG 1:00 PM GREAT COURSES 1:00 PM RUMMIKUB GROUP 1:00 PM LOW IMPACT FITNESS 1:45 PM GENTLE YOGA STRETCH 2:45 PM STRENGTH & BALANCE 7:15 PM BINGO	15 9:30 AM STRENGTH & BALANCE 10:30 AM INTERMEDIATE MAHJONG 10:30 AM AQUA FITNESS 1:00 PM EXPERIENCED BRIDGE CLUB 2:30 PM STRENGTH & BALANCE 3:45 PM ANNUAL THD HAWAIIAN LUAU: HAWAIIAN DUO DANCERS & PETER 7:30 PM MOVIE	16 8:00 AM DONUTS & COFFEE 10:00 AM MORNING MEDITATION 1:00 PM ZUMBA 2:00 PM AMERICAN MAHJONG 2:00 PM THE ART OF CALLIGRAPHY W ARTIST WYNDON 4:30 PM MOUNTAIN SHADOWS FILM SOCIETY FILM IN THE PARK 7:30 PM MOVIE
17 1:00 PM VERANO SHOPPING 4:00 PM GREAT COURSES 5:00 PM BOOK GROUP 7:00 PM MOVIE 	18 9:30 AM STRENGTH & BALANCE 10:30 AM AQUA FITNESS 11:00 AM FIRESIDE CHAT W/TED 12:30 PM INTERMEDIATE BRIDGE CLUB 1:00 PM AMERICAN MAHJONG 1:00 PM GREAT COURSES 2:45 PM STRENGTH & BALANCE 3:30 PM SCRABBLE GROUP 7:30 PM MOVIE	19 9:30 AM TAI CHI CLASS 11:00 AM CORN HOLE 1:00 PM TUESDAY BRIDGE GAME 1:00 PM LOW IMPACT FITNESS 2:45 PM STRENGTH & BALANCE 7:30 PM MOVIE	20 9:30 AM STRENGTH & BALANCE 10:30 AM AQUA FITNESS 1:00 PM WEDNESDAY BRIDGE GROUP 1:45 PM ZUMBA 2:00 PM P102 BLOOD PRESSURE CHECK 2:00 PM MEXICAN TRAIN GROUP 3:30 PM STITCH AND CHAT 7:00 PM EVENING BRIDGE GROUP 7:30 PM MOVIE	21 9:30 AM TAI CHI CLASS 11:00 AM CHAIR VOLLEYBALL 1:00 PM ASIAN MAHJONG 1:00 PM GREAT COURSES 1:00 PM RUMMIKUB GROUP 1:00 PM LOW IMPACT FITNESS 1:45 PM GENTLE YOGA STRETCH 2:45 PM STRENGTH & BALANCE 7:00 PM EVENING NIGHTCAP	22 9:30 AM STRENGTH & BALANCE 10:30 AM INTERMEDIATE MAHJONG 10:30 AM AQUA FITNESS 1:00 PM EXPERIENCED BRIDGE CLUB 2:30 PM STRENGTH & BALANCE 3:00 PM COCKTAIL HOUR: JEFF WESSMAN 7:30 PM MOVIE	23 8:00 AM DONUTS & COFFEE 10:00 AM MORNING MEDITATION 1:00 PM ZUMBA 2:00 PM AMERICAN MAHJONG 2:00 PM THE ART OF CALLIGRAPHY W ARTIST WYNDON 7:30 PM MOVIE
24 2:00 PM SENIORITY JAM 2.0 W/JOHN PAPINI & FRIENDS 4:00 PM GREAT COURSES 7:00 PM MOVIE 	25 9:30 AM STRENGTH & BALANCE 10:30 AM AQUA FITNESS 12:30 PM INTERMEDIATE BRIDGE CLUB 1:00 PM AMERICAN MAHJONG 1:00 PM GREAT COURSES 2:45 PM STRENGTH & BALANCE 3:30 PM SCRABBLE GROUP 7:30 PM MOVIE	26 9:30 AM TAI CHI CLASS 11:00 AM FIRESIDE CHAT W/CAMILLE 11:00 AM CHAIR VOLLEYBALL 1:00 PM TUESDAY BRIDGE GAME 1:00 PM LOW IMPACT FITNESS 2:45 PM STRENGTH & BALANCE 7:30 PM MOVIE	27 9:30 AM STRENGTH & BALANCE 10:30 AM AQUA FITNESS 1:00 PM WEDNESDAY BRIDGE GROUP 1:00 PM FLORAL ARRANGEMENT W/TED 1:45 PM ZUMBA 2:00 PM P102 BLOOD PRESSURE CHECK 2:00 PM MEXICAN TRAIN GROUP 3:30 PM STITCH AND CHAT 7:00 PM EVENING BRIDGE GROUP 7:30 PM MOVIE	28 9:30 AM TAI CHI CLASS 11:00 AM CHAIR VOLLEYBALL 1:00 PM ASIAN MAHJONG 1:00 PM GREAT COURSES 1:00 PM RUMMIKUB GROUP 1:00 PM LOW IMPACT FITNESS 1:45 PM GENTLE YOGA STRETCH 2:45 PM STRENGTH & BALANCE 7:00 PM BINGO	29 9:30 AM STRENGTH & BALANCE 10:30 AM INTERMEDIATE MAHJONG 10:30 AM AQUA FITNESS 1:00 PM EXPERIENCED BRIDGE CLUB 2:30 PM STRENGTH & BALANCE 3:00 PM CH: KHALIFA THE ACCORDION PLAYER & ENTERTAINER 7:30 PM MOVIE	30 8:00 AM DONUTS & COFFEE 10:00 AM MORNING MEDITATION 10:30 AM USS POTOMAC/SIGHTSEEING & HISTORY CRUISE 1:00 PM ZUMBA 2:00 PM AMERICAN MAHJONG 7:30 PM MOVIE