



Hello
Summer!

June
2026



HAPPY
FATHER'S
DAY





The Heritage Downtown Directory

Director of Sales
Jenny Shively

**Director of
Resident Services**
Jimmy Clark

Executive Chef
Joel Torres

Nestled in a charming historic neighborhood, The Heritage Downtown offers a truly special way to enjoy life in the heart of Walnut Creek. As the only active senior living community in downtown, THD places you just steps away from local favorites like the Leshner Center for the Arts, Broadway Plaza, and a variety of shops, restaurants, medical offices, and hospitals, everything you need, right at your fingertips.

Privately owned and thoughtfully operated, our community is designed for those who want to stay active, social, and connected while enjoying the ease of maintenance-free living. Whether you're heading out for a show, meeting friends for lunch, or simply enjoying the vibrant energy of downtown, life at THD makes every day feel full and effortless.

There's something quietly magical about life here, morning coffee with the sun streaming in, spontaneous walks through tree-lined streets, and evenings filled with laughter, conversation, and connection. It's a place where neighbors become friends, routines turn into rituals, and each day feels like an opportunity to enjoy the little things a bit more. At The Heritage Downtown, it's not just where you live, it's how you live.

HAPPY
Birthday

**We would like to celebrate
the following residents:**

- 6/4 Bill W.
- 6/5 Nancy S.
- 6/6 Linda M.
- 6/7 Harry H.
- 6/14 Audrey R.
- 6/20 Rita W.
- 6/21 Pam A.
- 6/21 Claire F.
- 6/23 Natalie D.
- 6/23 Aileyn E.
- 6/24 Maureen B.
- 6/25 Sally P.
- 6/29 John L.
- 6/30 Joyce G.



THD Monthly Events & Excursions



TIE DYE EVENT

JUNE 16 | 1:00 PM | LIBERTY PAVILLION

Join us at the Liberty Pavilion for a fun and colorful tie-dye event, where creativity, laughter, and vibrant designs come together for a truly memorable afternoon.



STERLING VINEYARDS EXCURSION

JUNE 18 | 10:00 AM | CALISTOGA

Enjoy a leisurely self-guided tasting of 5 wines while strolling through the winery for a behind-the-scenes look at winemaking. This 60-minute experience includes a round-trip gondola ride to the scenic hilltop winery!



FATHER'S DAY BRUNCH

JUNE 21 | 10:30 AM | NEWTON'S

Join us on Father's Day for a delicious champagne brunch with wonderful friends and family in our on-site restaurant, Newton's!



MARIN FRENCH CHEESE CO EXCURSION

JUNE 30 | 10:00 AM | PETALUMA

Enjoy a self-guided tasting of artisanal cheeses while exploring the scenic grounds and Heritage Trail at Marin French Cheese Co.—a relaxed experience to stroll, savor, and discover.

JUNE 2026

LEGEND

SUNDAY

MONDAY

TUESDAY

WEDNESDAY



VAN SERVICE
MONDAYS - FRIDAYS:
 9AM - 5PM
SATURDAY & SUNDAYS:
 9AM - 4PM



7

1:00 PM SHOPPING: TRADER JOES
 1:00 PM LOW VISION GROUP
 2:00 PM ROOT BEER RENDEZVOUS
 4:00 PM GREAT COURSES
 7:00 PM MOVIE



14 **FLAG DAY**

1:00 PM BUNCO
 1:00 PM SHOPPING: KOHLS
 4:00 PM GREAT COURSES
 7:00 PM MOVIE



21 **FATHER'S DAY**

10:30 AM FATHER'S DAY BRUNCH
 1:00 PM SHOPPING: COSTCO
 1:00 PM LOW VISION GROUP
 4:00 PM GREAT COURSES
 7:00 PM MOVIE



28

1:00 PM BUNCO
 1:00 PM SHOPPING: SAFEWAY
 2:00 PM TRIVIA
 4:00 PM GREAT COURSES
 7:00 PM MOVIE

1

9:30 AM STRENGTH & BALANCE
 10:30 AM POOL PREP FITNESS
 11:00 AM FIRESIDE ACTIVITIES CHAT
 12:30 PM INTERMEDIATE BRIDGE CLUB
 1:00 PM AMERICAN MAHJONG
 1:00 PM GREAT COURSES
 2:30 PM STRENGTH & BALANCE
 3:30 PM SCRABBLE GROUP
 7:30 PM MOVIE

8

9:30 AM STRENGTH & BALANCE
 10:30 AM POOL PREP FITNESS
 12:30 PM INTERMEDIATE BRIDGE CLUB
 1:00 PM AMERICAN MAHJONG
 1:00 PM GREAT COURSES
 2:30 PM STRENGTH & BALANCE
 3:30 PM SCRABBLE GROUP
 7:30 PM MOVIE

15

9:30 AM STRENGTH & BALANCE
 10:30 AM POOL PREP FITNESS
 12:30 PM INTERMEDIATE BRIDGE CLUB
 1:00 PM AMERICAN MAHJONG
 1:00 PM GREAT COURSES
 2:30 PM STRENGTH & BALANCE
 3:30 PM SCRABBLE GROUP
 7:30 PM MOVIE

22

9:30 AM STRENGTH & BALANCE
 10:30 AM POOL PREP FITNESS
 12:30 PM INTERMEDIATE BRIDGE CLUB
 1:00 PM AMERICAN MAHJONG
 1:00 PM GREAT COURSES
 2:00 PM SUMMER SUNSHINE CRAFT
 2:30 PM STRENGTH & BALANCE
 3:30 PM SCRABBLE GROUP
 7:30 PM MOVIE

29

9:30 AM STRENGTH & BALANCE
 10:30 AM POOL PREP FITNESS
 12:30 PM INTERMEDIATE BRIDGE CLUB
 1:00 PM AMERICAN MAHJONG
 1:00 PM GREAT COURSES
 2:30 PM STRENGTH & BALANCE
 3:30 PM SCRABBLE GROUP
 7:30 PM MOVIE

2

9:30 AM TAI CHI
 11:00 AM CHAIR VOLLEYBALL
 11:30 AM MORUCCI'S EXCURSION
 1:00 PM TUESDAY BRIDGE GAME
 1:00 PM BOOK CLUB
 1:00 PM LOW IMPACT FITNESS
 1:00 PM CANASTA
 1:30 PM CROSSWORD PUZZLES
 2:30 PM STRENGTH & BALANCE
 7:30 PM MOVIE

9

9:30 AM TAI CHI
 11:00 AM LADDERBALL
 1:00 PM TUESDAY BRIDGE GAME
 1:00 PM LOW IMPACT FITNESS
 1:00 PM CANASTA
 2:00 PM TRIVIA
 2:30 PM STRENGTH & BALANCE
 7:30 PM MOVIE

16

9:30 AM TAI CHI
 11:00 AM CHAIR VOLLEYBALL
 1:00 PM TUESDAY BRIDGE GAME
 1:00 PM LOW IMPACT FITNESS
 1:00 PM CANASTA
 1:00 PM TIE-DYE EVENT
 2:30 PM STRENGTH & BALANCE
 7:30 PM MOVIE

23

9:30 AM TAI CHI
 11:00 AM CORN HOLE
 1:00 PM TUESDAY BRIDGE GAME
 1:00 PM CANASTA
 1:00 PM LOW IMPACT FITNESS
 2:30 PM STRENGTH & BALANCE
 7:30 PM MOVIE

30

9:30 AM TAI CHI
 10:00 AM MARIN FRENCH CHEESE CO. EXCURSION
 11:00 AM CHAIR VOLLEYBALL
 1:00 PM TUESDAY BRIDGE GAME
 1:00 PM CANASTA
 1:00 PM LOW IMPACT FITNESS
 2:30 PM STRENGTH & BALANCE
 7:30 PM MOVIE

3

9:30 AM STRENGTH & BALANCE
 10:00 AM WALK TO J
 10:30 AM POOL PREP
 1:00 PM WEDNESDAY
 1:45 PM ZUMBA WI
 2:00 PM P102 BLOO
 2:00 PM MEXICAN T
 3:30 PM STITCH AN
 7:00 PM EVENING B
 7:30 PM MOVIE

10

9:30 AM STRENGTH & BALANCE
 10:30 AM POOL PREP
 1:00 PM WEDNESDAY
 1:45 PM ZUMBA WI
 2:00 PM P102 BLOO
 2:00 PM MEXICAN T
 3:30 PM STITCH AN
 7:00 PM EVENING B
 7:30 PM MOVIE

17

9:30 AM STRENGTH & BALANCE
 10:00 AM GROUNDS
 10:30 AM POOL PREP
 1:00 PM WEDNESDAY
 1:45 PM ZUMBA WI
 2:00 PM P102 BLOO
 2:00 PM MEXICAN T
 3:30 PM STITCH AN
 7:00 PM EVENING B
 7:30 PM MOVIE

24

9:30 AM STRENGTH & BALANCE
 10:30 AM POOL PREP
 1:00 PM WEDNESDAY
 1:45 PM ZUMBA WI
 2:00 PM P102 BLOO
 2:00 PM JUNE BIRT
 2:00 PM MEXICAN T
 3:30 PM STITCH AN
 7:00 PM EVENING B
 7:30 PM MOVIE

1 HEL

9:30 AM STRENGTH & BALANCE
 10:00 AM WALK TO J
 10:30 AM POOL PREP
 1:00 PM WEDNESDAY
 1:45 PM ZUMBA WI
 2:00 PM P102 BLOO
 2:00 PM MEXICAN T
 3:30 PM STITCH AN
 7:00 PM EVENING B
 7:30 PM MOVIE

JUNE EVENTS AT THE LESHER CENTER

To view the full event schedule, go to: LesherArtsCenter.org



JUN 05

8:15 PM - 9:35 PM

Best of San Francisco Stand-Up Comedy

A new generation of comedic talent!



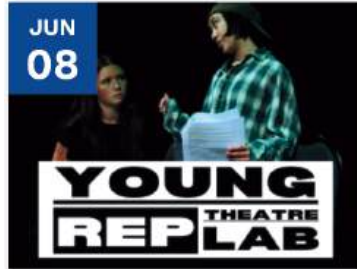
JUN 06

Ballet Demonstration

06/06/2026 - 06/07/2026

The Ballet School Performing Arts June

A special event celebrating the growth, dedication, and artistry of



JUN 08

06/08/2026 - 07/02/2026

Young REP Theatre Lab

Center REP's newly expanded theatre arts training program for



JUN 12

7:30 PM - 9:00 PM

Pacific Mambo Orchestra

Grammy Award-winning Latin Big Band



JUN 13

12:00 PM - 5:00 PM

Fiesta Cultural Street Fair

Free outdoor events for all ages



JUN 19

06/19/2026

Alcina

She rules by seduction—until truth breaks the spell...



JUN 20

10:00 AM - 11:00 AM

Pride Public Art Walking Tour

Pride Tour: Meet at the LCA plaza and explore public art throughout



JUN 20

3:15 PM - 5:15 PM

Improvised Dungeons and Dragons

A Fantasy Quest!



JUN 21

3:00 PM - 5:00 PM

JAZZ-ology

The event is a celebratory concert for Contra Costa College's award-



JUN 27

8:00 PM - 9:30 PM

Roy Orbison Returns

Paying tribute to one of the greatest singer/songwriters of all time



JUN 27

8:15 PM - 9:30 PM

Best of San Francisco Stand-Up Comedy

A new generation of comedic talent!



Summer in Full Swing at The Heritage Downtown



Summer arrives at The Heritage Downtown with a renewed sense of energy, bringing longer days, vibrant routines, and a calendar full of opportunities to stay engaged. From morning fitness classes and tai chi to social gatherings and excursions, June invites residents to embrace a rhythm that is both active and enriching.

Throughout the month, there are countless ways to connect and celebrate; from lively group activities like chair volleyball and bridge games to special outings like the Sterling Winery excursion. With Father's Day and Juneteenth also on the calendar, June offers meaningful moments to reflect, honor, and come together as a community.

Whether you're discovering a new favorite activity, enjoying time with neighbors, or simply soaking in the season, June is a reminder that summer is best experienced in good company. We look forward to sharing another month of connection, movement, and memorable moments with you.

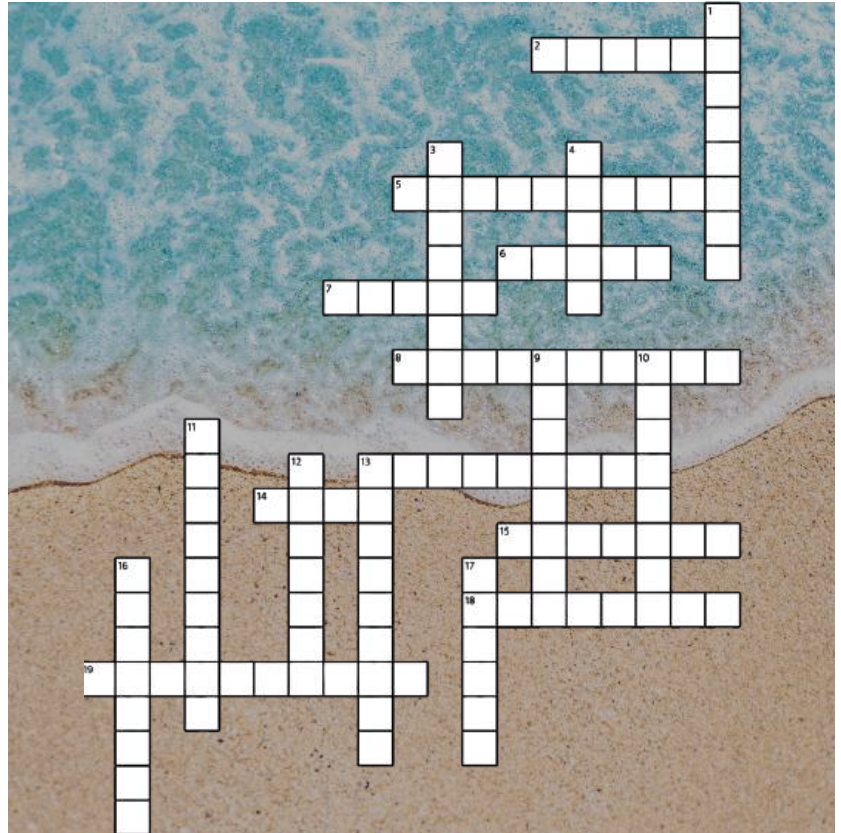


**SCAN THE QR TO
TAKE A LOOK AT
THIS MONTH'S
EVENT CALENDAR!**

THD Monthly Puzzles

S	U	N	S	H	I	N	E	N	T	C	S
U	A	R	O	L	C	I	L	G	H	A	
M	T	W	R	C	E	J	E	A	A	I	N
M	I	B	K	A	C	C	M	U	N	S	D
E	V	I	E	G	R	A	O	Y	U	U	C
R	I	K	B	L	E	F	N	N	A	N	A
C	T	I	E	D	A	S	A	R	A	S	S
A	Y	N	A	E	M	A	D	E	A	C	T
M	P	I	C	N	I	C	E	A	D	R	L
P	O	O	H	F	F	R	I	S	B	E	E
G	O	I	E	G	G	N	O	P	K	E	I
F	L	I	P	F	L	O	P	S	A	N	A

POOL	BEACH	BIKINI	FRISBEE
PICNIC	ICE CREAM	LEMONADE	FLIP FLOPS
SUNSHINE	SUMMER CAMP	SUNSCREEN	SANDCASTLE



ACROSS

- 2 LIGHT SUMMER WIND
- 5 BEACHY SCULPTURE BUILD
- 6 SANDY OCEAN SHORE
- 7 OCEAN WATER MOTION
- 8 EYE PROTECTION WEAR
- 13 FESTIVE NIGHT DISPLAY
- 14 BACKYARD SWIMMING SPOT
- 15 OUTDOOR OVERNIGHT STAY
- 18 FROZEN SWEET TREAT
- 19 JUICY SUMMER FRUIT

DOWN

- 1 OCEAN TREASURE FIND
- 3 GRILLED OUTDOOR FEAST
- 4 PADDLE WATER BOAT
- 9 SWEET CITRUS DRINK
- 10 BRIGHT SUMMER RAYS
- 11 SKIN PROTECTION LOTION
- 12 BEACHSIDE FIRE GATHERING
- 13 CASUAL SUMMER SANDALS
- 16 TIME AWAY TRIP
- 17 OUTDOOR MEAL SPREAD

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Follow us @TheHeritageDowntown

www.TheHeritageDowntown.com

